



AbstrACT Coaching

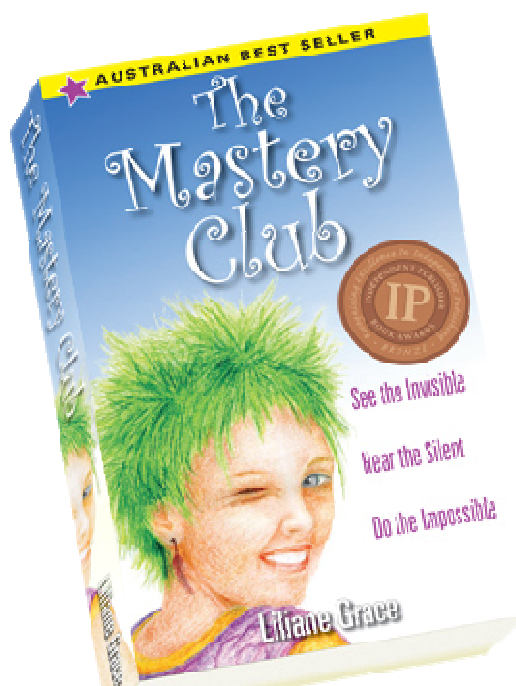
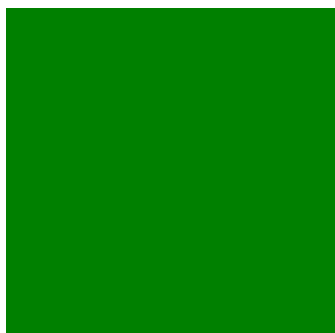


Surprise!

September
2011

Things are changing, AbstrACT Coaching is growing and so with that I thought it was time to make our newsletter join in the celebration, enter energy, discovery, growth & fun for everyone who chooses to come along with us on this journey

In this Issue:



AbstrACT News: The Mastery Club in the UK

It is with great delight and excitement that I am able to confirm that 'The Mastery Club' novel written by Australian author Liliane Grace is now available in hardcopy format in the UK from AbstrACT coaching.

This journey began 2 years ago when I stumbled across Liliane's website while doing research for a client. At the time Liliane and I exchanged a few emails and as AbstrACT coaching was in its early days of development we left things there.

Earlier this year in The Mastery Club newsletter, Liliane shared that she was entered into the Next Top Author competition, which found her being ranked 4 out for some 750 authors entered. This email sparked my interest and I immediately got in touch with her to see how soon I could get my hands on a copy of the book to read it. This took me to a lady in Germany who had some copies at her disposal. I read it in no time at all and I knew that the next step had to be to make this novel available to every child and adult

in the UK.

And so a new journey has begun for Liliane and myself.

We currently have stock of the book, and I am in the process of being trained up by Liliane herself to become the first certified person to present "The Mastery Club 10 session Program" in the UK.

We plan to take this program into schools, create after school events where anyone interested can sign up and, 'See the Invisible, Hear the Silent and Do the Impossible, to take the powerful words right from the book.

Anyone wanting a copy of the book can email an order to:

info@abstractcoaching.com

£16.00 + £2.50 P&P

The following is an excerpt from Liliane's home page:



Inspire & Motivate Students

***The Mastery Club* is a prize-winning novel designed to boost your kids' confidence, motivate them to achieve their goals and dreams, and inspire them to fulfill their potential.**

This novel, about five kids who form a club to support each other in achieving their goals and dreams, is packed with practical tools and information about goal-setting, constructive thinking, how the mind works, and character values like persistence, courage and a good attitude. □□ *The Mastery Club* by Liliane Grace is an excellent resource for teachers and parents wanting to inspire and motivate their students and children to believe in themselves and take responsibility for achieving their goals. The story characters deal with real life issues that today's youth are facing, such as bullying and friendship issues, sole parents, stepparents and divorce, and academic challenges. Your students will absorb 10 priceless lessons while engrossed in a page-turning story. That means effortless learning!

Now read **some testimonials** from people who have experienced the Novel, there is more on the website you should really go and explore.

"The Mastery Club is a great book; once I started I couldn't put it down. It has encouraged me to set bigger and more important goals; I like the way important life goals are put into story form to make it easier to understand for younger readers. I have and will recommend this book to all my friends. The thing I learned was to keep visualising my goal even when it looks like it could never happen. This book is truly inspiring and I hope others enjoy reading it as much as I did. Thanks Liliane."

CALEB REEKIE, age 13

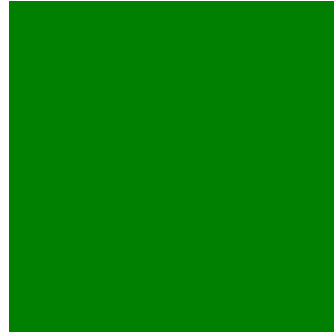
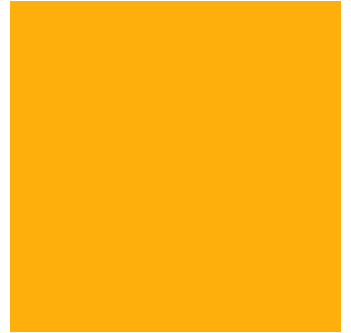
"I just want to say how Fantastic Your Book is! I received it as a Gift from a Close family friend. I am only up to chapter 12 at the moment but i am thoroughly enjoying reading the story! I am a Junior Rowing athlete, and have heard about the visualisation techniques etc. before but never really taken much notice. After reading the book so far it has inspired me to actually try the techniques! I have also extracted some of the quotes from the book as i am very much into those sorts of things, and i am sharing them with my coach who is a school principal and enjoys reading them too! I'll keep you updated with my thoughts! Well done on a fantastic book." ASHLEIGH PEPPERNELL, 17

"This is an incredible book written for young people. It offers a step-by-step approach to mastering your own mind and therefore destiny, entwined in a fascinating story, which appeals to teenagers and adults alike! It encompasses strategies, which many adults have already learned but most likely have not yet made enough use of in their lives. Hence, this book will also awaken the spirit of adults too! It's the kind of book you will want to buy copies of for all the young adults amongst your family and friends, to ensure that they develop inner-confidence and true success. □" KATIE BURNS, Teacher - as reviewed on amazon.com

"I only wish [The Mastery Club] had been on the reading list at my school; it would have changed my whole outlook and saved me from making some major miss-steps in life. I applaud you on your ability to get the message across to children in such a relevant and engaging way. Well done!" DENISE WHITTON, Mother

If you would like more information please contact me and please go have a look at the website as well. **In stock now!**

www.TheMasteryClub.com.au



“Thinketh” by

Grampian MS Society

£54, remember that is a member who visits each extra donations we give to be in to speak about their

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